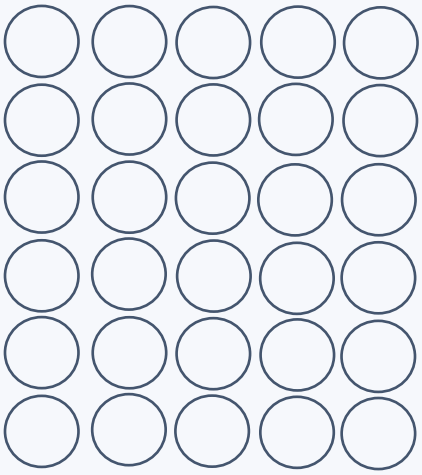
Monthly Health Tracker

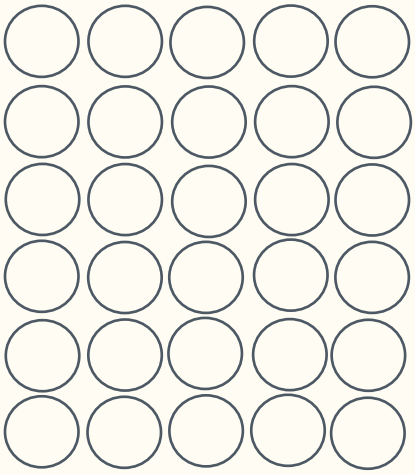
Exercise

Minutes



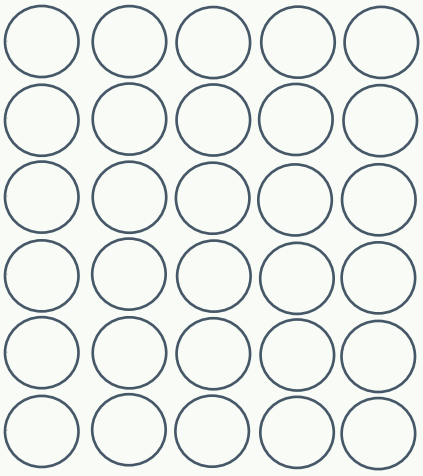
Water

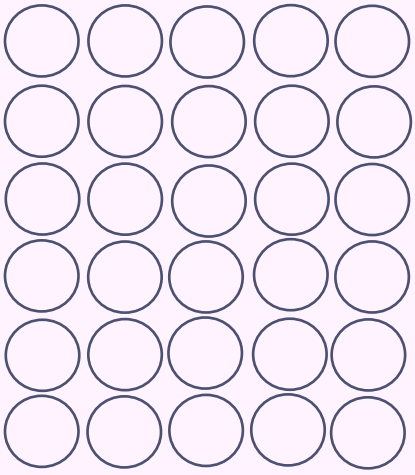
Ounces



Fruits & Veggies

Servings



Sugar

Calories